
PCP Post

Alabama Coordinated Health Network news, topics, and updates.



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An underutilized approach to Substance Use Disorder

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Contingency Management

NACC has partnered with Wellstone, Inc. in Huntsville, AL to pilot a contingency management program for recipients struggling with substance use disorder. The Food & Drug Administration defines contingency management as “a behavior modification intervention that establishes a connection between new, targeted behavior and the opportunity to obtain a desired reward.” (FDA, 2018)

Through the use of financial incentives, as supported by research, our aim is to improve treatment outcomes for substance use disorder. SAMHSA states that contingency management has “by far the greatest amount of empirical support for their efficacy in promoting therapeutic behavioral change among people with stimulant use. In fact, interventions other than CM have demonstrated weak or nonspecific effects on stimulant use disorder-related problems.” (SAMHSA, 2021). Alabama has become the fourth state to enact contingency management for Medicaid recipients, joining California, Montana, and West Virginia in tackling this complex condition.

Contingency management is supported by:

- Substance Abuse and Mental Health Services Administration (SAMHSA)
- National Institute on Drug Abuse (NIDA)
- Department of Health and Human Services (HHS)
- National Institute of Health (NIH)
- White House Office of National Drug Control Policy (ONDCP)
- American Society of Addiction Medicine (ASAM)
- Journal of the American Medical Association (JAMA)

References

FDA. (2018, December 10). *FDA clears mobile medical app to help those with opioid use disorder stay in recovery programs*. Retrieved from FDA.gov: <https://www.fda.gov/news-events/press-announcements/fda-clears-mobile-medical-app-help-those-opioid-use-disorder-stay-recovery-programs>

SAMHSA. (2021). *Treatment for Stimulant Use Disorders: Treatment Improvement Protocol TIP 33*. Retrieved from SAMSHA.gov: <https://store.samhsa.gov/sites/default/files/pep21-02-01-004.pdf>

Medical Management Meetings

As a member of Alabama Medicaid's Alabama Coordinated Health Network (ACHN) you must attend three (3) Medical Management Meetings each year (MMM) and participate in Multidisciplinary Care Teams (MCT) when requested by a Care Coordinator. North Alabama Community Care holds twelve (12) meetings each year for you to meet your MMM requirement.

Alabama Medicaid has allowed meetings to be held via webinar due to the COVID-19 public health emergency. This is subject to change. Updates will be emailed to you and posted on our website (listed below). By not attending the three (3) required MMMs and the MCTs (when requested), your practice will be ineligible for ACHN participation rates and bonus payments.

Zoom links to MMMs are available on our website: www.northalcc.org/mmm-schedule

Quarter 1

November 2nd, 2023 @ 6:00 pm
November 9th, 2023 @ 12:00 pm
November 9th, 2023 @ 6:00 pm

Quarter 2

January 18th, 2024 @ 6:00 pm
January 25th, 2024 @ 12:00 pm
January 25th, 2024 @ 6:00 pm

Quarter 3

April 18th, 2024 @ 6:00 pm
April 25th, 2024 @ 12:00 pm
April 25th, 2024 @ 6:00 pm

Quarter 4

July 18th, 2024 @ 6:00 pm
July 25th, 2024 @ 12:00 pm
July 25th, 2024 @ 6:00 pm

Want to join our email list?

We send out important alerts and announcements. Visit our website and select "Medical Management Meetings" and fill out the form to join.

Has your information changed?

To be sure that we have the most up-to-date information, please let us know if your contact information or provider roster has changed.

Have questions?

If you are a provider and have questions, contact Amelia Hreha, Quality Manager.

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