DHCP Digest

Alabama Coordinated Health Network news, topics, and updates.



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NACC Referrals

Help us help you!

Project ECHO Depression

A collaborative approach to bringing mental health care to the front lines.

NACC Referrals

We can help! Our Care Coordination services are available to help your patients get healthy and stay healthy. Our referral forms are located on our website.

https://www.northalcc.org/referrals

Quality Improvement Projects: We are tarketing pregnant EIs with a <u>BMI \ge 30</u> at their first prenatal visit and/or have a <u>failed GTT</u>. We are aiming to increase success in nutritional and physical activity counseling, breastfeeding education, smoking cessation, and Family Planning enrollment. If you have a pregnant EI with a BMI \ge 30 and/or a failed GTT, please refer them to us.

We need your help! Please send us referrals for any Medicaid recipients with a <u>diagnosis</u> <u>of substance use disorder</u>. We can connect them with the resources and support they need.

North Alabama CommunityCare

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PROJECT ECHO DEPRESSION

Project ECHO (Extension for Community Healthcare Outcomes) is an outreach and educational program designed to address healthcare disparities in under-served and remote areas. First developed at the University of New Mexico, ECHO has revolutionized collaborative medical education across the globe by using a regional hub-and-spoke model for the purpose of knowledge-sharing among clinicians and healthcare professionals.

The UAB Depression and Suicide Center in partnership with the Department of Family and Community Medicine and the Department of Psychiatry and Behavioral Neurobiology hosts a collaborative and engaging monthly ECHO clinic. They are a team of experts that provide education and case discussion for primary care clinicians across the state on the diagnosis and treatment of depression. The goal of these ECHO clinics will be to increase the number of patients with depression who can be treated successfully in their physician's office by providing Alabama physicians with didactic instruction and live, de-identified and HIPAAcompliant case discussion.



Providers are encouraged to submit depression and/or related mental health cases for discussion. Visit the UAB Project ECHO Depression page for complete information and to register:

www.uab.edu/medicine/psychiatry/research/programs/ depression-suicide/echo-depression

Source: University of Alabama Birmingham, Project ECHO Depression

| Want to join our email list? | Has your information changed? | Have questions? |
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| We send out important alerts and announcements. Visit our website and select "Medical Management Meetings" and fill out the form to join. | To be sure that we have the most up-to-date information, please let us know if your contact information or provider roster has changed. | If you are a provider and have questions, contact Amelia Hreha, Quality Manager. Phone: (615) 785-3323 Amelia.Hreha@NorthALCC.org |