

Pregnancy, the Flu, and COVID-19: Protecting Your Patients

- Women experience many changes during pregnancy in their immune system, heart, lungs, and other areas that can affect their bodies when it comes to the threat of the Influenza Virus (Flu) or Coronavirus Disease 2019 (COVID-19).
- The baby can also be easily affected by these illnesses while still developing, and adverse outcomes may occur if the mother becomes ill from COVID or the Flu.
- Although symptoms and effects from COVID-19 are still being discovered and monitored, according to the CDC, a fever common with the Flu Virus (and also considered an associated COVID symptom) can cause neural tube defects and other adverse outcomes for baby.
- The CDC states that studies have shown Flu vaccinations have decreased Flu associated respiratory infection risks in pregnant women and overall Flu hospitalizations from pregnant women by 40%.
- During this time when both COVID-19 and the Flu Virus are a serious health concern, it is important to encourage pregnant patients to get vaccinated, for the health of them, their baby, and their community.

Our goal is to provide care coordination services to help you take charge of your healthcare.

We provide services for maternity, primary care, and family planning for Alabama Medicaid Recipients in Cullman, Jackson, Limestone, Madison, Marshall, and Morgan Counties.

For more information on how we can help your patients, visit our site at:

www.northalcc.org

Or call:

1-855-640-8827



BONUS



Bonus Payments for Chlamydia Screenings in Women Ages 21-24

- 1 in 2 sexually active young people will get an STD before the age of 25, and most will not know that they have an STD.
- The amount of cases of Chlamydia diagnosed in Alabama in 2019 was 9% higher than the number of cases reported in 2016.
- In an effort to increase the amount of screenings, Alabama Medicaid has designated that chlamydia screenings in women ages 21-24 be a Quality Measure.
- The statewide baseline for Chlamydia screening in women ages 21-24 is 9.7%.
- In order to receive the bonus payment, providers must achieve 54.3% completion rate.



FAMILY PLANNING: We're Here to Help

North Alabama Community Care offers Care Coordination for patients and their significant others interested in Family Planning. And now, Family Planning Care Coordination can be done telephonically!

A few benefits of Family Planning include a higher chance of a healthier mothers and babies, the ability to financially and emotionally be prepared for a future family, and more time and attention to focus on children.

Family Planning is provided for women ages 19-55 by:

- A yearly family planning exam
- Care/Support from a Social Worker or Nurse
- Various forms of Birth Control
- Tubal Ligation (For Ages 21+)
- Lab Work to test for Pregnancy or STDs
- Helping Plan when to have a baby

Family Planning is also provided for Men ages 21+ by:

- Providing Vasectomies (Permanent Birth Control for Men)

If you have interested patients in Family Planning Services, or if you feel a patient would benefit from Family Planning Care Coordination, give North Alabama Community Care a call at: 1-855-640-8827

**North Alabama
Community Care**

**3304 Westmill Drive
Huntsville, AL
35805**

**Toll Free Phone:
(855) 640-8827**

**Web Site:
www.northalcc.org**

Do10 Fight the Flu

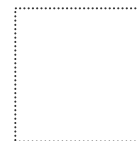
The fall season begins the time when Flu cases are usually at their highest point during the year. With that in mind, Alabama Department of Public Health recommends each year that we do the top 10 things that can help fight the Flu. Please encourage your patients to take these steps:

1. Get Vaccinated
2. Wash Your Hands
3. Cover Your Coughs and Sneezes
4. Stay Home with Fever
5. Stockpile Supplies
6. Clean and Disinfect
7. Know Your Office Emergency Plan
8. Learn Home Care
9. Call Your Doctor If Symptoms Get Worse
10. Stay Informed



Volume 2, Issue 1 • North Alabama Community Care Newsletter • (855) 640-8827

*North Alabama Community Care
3304 Westmill Drive
Huntsville, AL 35805*



Friend's Name
Street Address
City, State Zip Code